

## **BIG SPRING AQUATIC CLUB ATHLETE CODE OF CONDUCT**

As a swimmer and / or diver and member of the Big Spring Aquatic Club (BSAC), I will abide by the following code of conduct:

1. BSAC team members will be respectful of their peers, coaches and parents. They will conduct themselves with dignity and respect for others and for the property of others. Team members will practice and teach good sportsmanship, promote positive team spirit and morale, offer congratulations and encouragement to their opponents, support their teammates at practice and in competition, and work together as a unit to benefit each team member in the spirit of a BSAC Bulldog.
2. BSAC team members will not use disrespectful, vulgar, or bullying language at any time.
3. BSAC team members will follow the direction of the coaching staff.
4. In the interest of team pride and courtesy to meet hosts, custodial staff, and facility operators, BSAC team members will leave the natatorium (including the pool, locker rooms, and any other areas utilized) in the equivalent or better condition than prior to arrival to any practice session or meet, home or visiting. This includes putting equipment (lane lines, kick boards, etc.) away in the appropriate storage positions under the direction of the coaching staff.

In the event there should be an event that requires overnight travel, the following apply to everyone who participates:

5. BSAC will travel as a team and as individual families to away events to compete and strive to become more competitive. Exemplary behavior is expected.
6. At no time will male and female athletes be in the same room (closed door) together unless a coach, parent, or chaperone is in the room or has approved the situation. This applies to BSAC team members and members of other teams.
7. Team members may not be out of their rooms after curfew without express permission from the coaching staff. Cell phone use will be discontinued after curfew.
8. All athletes must attend team meetings. Punctual arrival to meetings, practice, warm-ups, and competitions is expected.

### **PROHIBITED BEHAVIOR**

1. Use of or possession of any illegal substance, tobacco, alcohol, and / or any other banned substance.
2. Destructive behavior.
3. Inappropriate or unruly behavior including fighting or striking another athlete.
4. Inappropriate language (swearing or derogatory comments) or lying.
5. Stealing and vandalism.
6. Bullying or isolating another team member or athlete.
7. Interfering with the progress of another swimmer during practice or at any other time.
8. Possessing or consuming food, soda, and any drinks containing red dye on the pool deck at any time.
9. Diving from the shallow end of the pool, pushing, shoving, or throwing anyone or anything into the pool.

### **CONSEQUENCES FOR VIOLATING THE ATHLETE CODE OF CONDUCT AND / OR EXHIBITING PROHIBITED BEHAVIOR:**

1. Coaches may suspend a team member from practice for disciplinary reasons. Coaches may recommend to the board that a member be expelled from the club if, in his/her judgment, the athlete is unable to conform to the Athlete Code of Conduct.
2. Any team member found to be in the presence of others (regardless of team affiliation) partaking in the use or possession of any illegal substance, tobacco, alcohol, and / or any other banned substance will be subject to the same consequences as the guilty party.
3. BSAC athletes involved in physical altercations during practice or meets will be subject to immediate dismissal from the event and probation from the team pending review by the coaches and board. Parents will be consulted regarding the actions, but the decision of the coaching staff and board will be final.